RISK FACTORS
PREECLAMPSIA

Risk factors for Preeclampsia include:

- History of preeclampsia
- First pregnancy
  - The risk of developing preeclampsia is highest during your first pregnancy or your first pregnancy with a new partner
- Age
  - The risk is highest for women less than 20 years old and women who are over 40.
- Obesity prior to pregnancy
- Multiple pregnancy
- Prolonged interval between pregnancies
- Gestational Diabetes
  - Women who develop Gestational Diabetes have a higher risk of developing preeclampsia as the pregnancy progresses
- History of certain condition before you became pregnant
  - Chronic high blood pressure
  - Migraine headaches
  - Diabetes
  - Kidney disease
  - Rheumatoid arthritis
  - Lupus

For more information, call Healthy Start
(219) 989-3939

Or you can check out the following websites:

www.mayoclinic.com/health/preeclampsia

www.webmd.com/baby/buide/preeclampsia-eclampsia

The information provided here is not intended to be used for the diagnosis or treatment of a health problem or as a substitute for consulting a licensed medical professional.

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